

Costa Rica



Seacology/California Academy of Sciences Costa Rica pre-cruise extension

Feb 27 - Mar 2, 2028


\$1,600 per guest double occupancy

\$2,100 per guest single occupancy



DETAILED ITINERARY

Day 1, 27 Feb 28

 1 Private Transfer IN from SJO Airport to Hotel in Arenal
Travel Time: 3 hours and 40 minutes

Right after you go through immigration and customs one representative will meet you at **the Juan Santamaria International Airport (SJO) exit** to load the luggage into the vehicle and transfer you to the hotel. The hotel for tonight is in Arenal Volcano, located 3 hours and 40 minutes away from the airport. During the drive, you will receive a **brief introduction to Costa Rica** and some recommendations for your trip. The guide will explain your itinerary in detail once you are in the hotel.




Arenal Volcano

Elevation	258 m / 845 f	Temperature	28 C / 82 F
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La Fortuna is home to the greater Arenal recreation area, the entire region is paradise on Earth for **outdoor adventurers**. Volcanic views grace the landscape and heat several **geothermal hot springs**. A lake and rivers beckon you toward **aquatic adventure**. Refreshing **waterfalls** reward you after **hikes**, offering crisp pools and spectacular views.

Arenal Volcano is one of **Costa Rica's most notable natural features**. Standing at 5,437 feet (1,657 meters), this volcano has been resting (i.e. not active) since 2010. However, it is no less majestic to behold, as it's practically a behemoth against the region's perfect skies. **Rising above the rainforest** that surrounds its base, Arenal Volcano frames the skyline with near-perfect **symmetry**.

 Lomas del Volcan or similar / Breakfast included
In: 27 Feb 2028 Out: 29 Feb 2028 (2 Nights)

Day 2, 28 Feb 28



Guided tour Hanging Bridges / Regular

The Hanging Bridges Forest Reserve covers an area of 243 hectares of protected forest. It's ideal for hikers who want to admire the characteristics of the tropical rainforest. Along a 3.1-kilometer loop trail, you'll cross 15 impressive bridges, some of which are **suspended above the forest**, while others are stationary. The bridges vary in length and height and were designed to offer a unique perspective of the forest's **flora and fauna**, as they pass through different levels of the forest.

From these bridges, you'll enjoy views of the **treetops**, making it easier to spot animals and birds. The terrain is relatively easy, with some short slopes, making it suitable for people of all ages. Some of the animals you might encounter in this type of forest include monkeys (three different species), various bird species, snakes, peccaries, frogs, and more. At the end of the tour, you'll enjoy a delicious snack of tropical fruits with a view of the Arenal Volcano, before taking our transportation back to La Fortuna.



Afternoon Free

Enjoy a leisure day in your own way!

If you want to explore more this area, you can acquire an optional tour according to your preferences. Here you will find a small list of ideas that will make out of this free day an incredible ADVENTURE!

- **Zip Line Extreme, price per person \$75.00 USD**
- **Whitewater Rafting Sarapiquí River 2-3 or 3-4 (Lunch included), price per person \$117.00 USD**

Please, contact your traveler advisor so they can book the selected activity for you!!!

Day 3, 29 Feb 28



Early morning, Guided Walking tour at Arenal Observatory Lodge/ Breakfast included / Regular

Due to its excellent location, Arenal Observatory Lodge & Trails is recognized for offering some of the most spectacular landscapes and wildlife observation opportunities in Costa Rica. With 11 kilometers of trails, two observation towers, and two hanging bridges, it provides unique opportunities to fully immerse in the natural environment of Arenal Volcano National Park.

Arenal Observatory Lodge & Trails combines accessibility, adventure, and conservation, creating a setting where visitors can fully immerse themselves in the natural wonders of Costa Rica while enjoying comfort and safety in an extraordinary volcanic landscape.

- Spectacular views of the Volcano and Lake Arenal.
- Explore our natural reserve of 350 hectares.
- 11km of trails at the foot of the Arenal Volcano.
- 800 meters of wheelchair trails.
- Birdwatching opportunities.
- "The Nest" Observation towers to explore the forest canopy.
- Visit the Danta waterfall and hanging bridges.
- "Observatory" museum and visitor center.
- "Arenal Crossfit Challenge" 8 km of outdoor multi-sport circuit.
- Map of trails
- Breakfast at our restaurant





Private Transfer from Arenal Volcano to Hermosa Beach
 Travel Time: 3 hours and 30 minutes approx.



Hermosa Beach, Guanacaste

Elevation	10 msnm	Temperature	28 C / 83 F
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Hermosa, which means "**beautiful**" in Spanish, is an aptly named **gray-sand beach** that perches between two mountains. In fact there are two Playas Hermosa, the other being in the Central Pacific Coast near Jaco while Guanacaste's Playa Hermosa is situated between **Playa del Coco and Playa Panama**, Hermosa is seldom as crowded as its neighbors. It is a fabulous getaway for those seeking **quality relaxation**. While Hermosa Beach maintains an overall **laidback atmosphere**, it has grown as an epicenter of ongoing development. The town of Hermosa runs from north to south along its beachfront, becoming more sparsely populated toward the south. Winner of the '**Bandera Azul**' or 'Blue Flag', a prize given to beaches that **demonstrate high environmental standards** and excellent safety facilities. With warm water temperatures and **ideal weather conditions all year** long, Playa Hermosa is the perfect haven with convenient accommodations and restaurants that line the beach shore.

Beach Time or Afternoon Free

Enjoy a leisure day in your own way!

Please, contact your traveler advisor so they can book the selected activity for you!!!



Hotel Villa Sol or similar / Breakfast included
 In: 29 Feb 2028 Out: 02 Mar 2028 (2 Nights)

Day 4, 01 Mar 28



Local transportation to be organized by Seacology

Seacology project visit: Guanacaste Conservation Area

The site of Seacology's latest project in Costa Rica, the Guanacaste Conservation Area encapsulates more than 100,000 acres of fragile marine habitat including coral reefs, mangroves, and seagrass. We will meet with our local partners to see up-close how Seacology's support is helping them fight illegal fishing and other threats, supporting ecotourism, and more.

Day 5, 02 Mar 28



1 Private Transfer OUT from Hotel in Hermosa Beach to Puerto Caldera
Travel Time: 3 Hours approx.

See you Soon, Costa Rica! All good things must come to an end, and it's time to say goodbye to this magical land and its wonderful people.

Our professional driver will pick you up on time in the lobby of your hotel, assist you with your luggage, and take you comfortably and safely to **Puerto Caldera**.

We truly hope to see you again soon so you can continue experiencing the *pura vida* that only Costa Rica can offer. **Thank you for choosing us and see you next time!**

INCLUSIONS

LODGING:

2 nights lodging in Arenal Volcano. Lomas del Volcan or similar. (Breakfast included)

2 nights lodging in Guanacaste Beach. or similar. (Breakfast included)

TRANSPORTATION & GUIDE SERVICES:

5 days of Full Day of Guide Service (English or Spanish Speaking Guide)

5 days of Daily Transportation

Transportation units: 7 to 14 passengers = Coaster (or similar). / 15 to 20 passengers = Volare

(or similar). / 21 to 30 passengers = Buseta (or similar).

ACTIVITIES & MEALS:

All breakfast included

Entrance fee and guided tour at Hanging Bridges in Arenal Volcano **on day 2**

Entrance fee and guided tour at Early morning, Guided Walking tour at Arenal Observatory Lodge in Arenal Volcano **on day 3**

OTHER:

VAT

24/7 professional logistics support during your trip in Costa Rica.

LODGING DETAILS

Date In: 27 Feb 28

Date Out: 29 Feb 28

Lomas del Volcan or similar

Breakfast included

Lomas del Volcan has **lush gardens**, an **outdoor pool** and a hot tub. Each **air-conditioned cabin** has **free Wi-Fi** and flat-screen cable TV.

The accommodations at Hotel Lomas del Volcan are spacious wooden cabins with **terraces overlooking the gardens**. Each one has a fridge, a coffee maker and a bathroom with a hairdryer and free toiletries. The on-site restaurant serves **Costa Rican and international dishes**, and a **free daily breakfast** is included.



Date In: 29 Feb 28

Date Out: 02 Mar 28

Hotel Villa Sol or similar

Breakfast included

Tucked into Playa Hermosa high cliffs, Villas Sol Hotel & Beach Resort shows itself surrounded by lush tropical forest with magnificent ocean and forest views that stir the soul and inspire the senses. Turning it into the perfect place to relax, reconnect and revitalize yourself with your love ones.

The natural environment of Playa Hermosa seduces you to enjoy the serenity, relaxation and all the comfort that a four-star All-inclusive resort can offer. In the restaurants and social areas, indoor spaces opened to the outdoors, specially designed to introduce the astonishing landscapes and enjoyment of the year-round gorgeous weather.



EXCLUSIONS

Optional tours

Departure taxes (\$29 per person)
Meals not mentioned in the itinerary
Airfare
Tips
International Travel Insurance

Optional tours

- **Zip Line Extreme, price per person \$75.00 USD**

If you're seeking a **combination of adrenaline, fun, and adventure**, **Ama Extreme** is the **perfect choice** with the 7 most extreme zipline cables in the circuit.

Starting from the 18-meter-high tower, the circuit will take you to fly over a 120-meter-high **canyon**, allowing you to **appreciate the wonderful Pino Blanco Waterfall**, and then **cross a hanging bridge** that leads to the longest cable in the circuit, covering a distance of 1000 meters. This cable is the **longest in Fortuna** and **one of the longest in the country**, flying over the **world-famous Fortuna River Waterfall**.

Next, you'll glide over cables with speeds reaching up to 45 mph (70 km/h), all **supervised by experts** and using the **best safety techniques**. This adventure will get your **adrenaline pumping to the fullest**.



- **Whitewater Rafting Sarapiquí River 2-3 or 3-4 (Lunch included), price per person \$117.00 USD**

Costa Rica White Water Rafting Class 3 and 4 Sarapiquí River Jungle Run
Whether you're a first-timer or a rafting expert, this **class 3-4 white water rafting trip** is guaranteed to get your adrenaline pumping! Build up the anticipation as you receive your **safety gear and instructions** on the bank of the Sarapiquí River! The photographer will be ready to snap the best shots as you embark on your **Costa Rica rafting adventure**.

You will be pick up at your hotel in La Fortuna town and travel through small Costa Rican villages to the quaint town of **San Miguel** to start your best rafting experience, passing La Virgen and finishing up in El Roble de Sarapiquí. You'll hit the water and your adrenaline levels will soar as you experience **over 40 exciting rapids** along 22 km of lush, vibrant rainforest! Feel the rush of excitement as you tackle rolling rapids like "The Terminator" and "Dos Locos."

Take a break about half-way down the river and enjoy a **refreshing tropical fruit snack** as you take in the beauty of the nature surrounding you. Feel free to go for a swim or just relax. Get back on the water and finish your **unforgettable river adventure!** When you reach the end, you'll enjoy a delicious **lunch** before heading back to your hotel.

